

AI Is Already Helping in Everyday Life

How technology is improving health, safety, accessibility and economic opportunity



What is AI?

Artificial intelligence, or AI, helps devices and services recognize patterns, respond to information and make tasks easier, faster or more personalized.

Why This Matters

- Supports healthier and more independent lives
- Improves safety at home, on the road and in communities
- Makes technology easier to use
- Helps workers and businesses solve problems faster
- Strengthens U.S. competitiveness and American innovation

AI in Action



Healthcare

Families organize care, improve communication and screen for irregular heart rhythms at home.



Accessibility and Independence

People navigate spaces, detect falls and create more accessible media.



Safer Mobility

Identify pedestrian safety incidents at intersections and improve traffic response.



Smarter Homes

Connected devices easier to manage through more natural, personalized interactions.



Entertainment and Communication

TV dialogue, personalize viewing and enable voice interaction.



Safer Products and Services

Improve device security, event awareness and customer support.



Workers and Industry

Safer operations, better equipment interactions and energy resilience.



Energy

AI enhances efficiency, resiliency, and reliability for consumers and the energy system.



What Policymakers Can Do

- Encourage a risk-based, technology-neutral approach to AI
- Support workforce development and digital skills
- Promote accessibility and inclusion
- Strengthen cybersecurity for connected devices
- Enable public-private partnerships
- Provide clear, risk-based guardrails that protect consumers and businesses
- Streamline and update permitting structures
- Oppose blanket moratoriums on data centers

AI is not just future potential. It is already delivering real benefits today.